**Jersey Mental Health Network**

**Application pack for Development Groups**

Thank you for your interest in participating in the creation and development of a Mental Health Network for Jersey.

**What will the Development Groups be, what will they do?**

The Development Groups are set up into 8 different workshops, you will be directly advising and influencing the shape of the Network by exploring themes and topics set out below (more details can be found on pages 3-6):

* Network Foundations
  + Values and culture
* Creating a Recovery Focused Network
  + Connecting people with mental health services and agencies
  + Connecting the network with community services/organisations
  + Connecting people and the community
* Implementing a Recovery Focused Network
  + Recruiting and supporting experts by experience
  + Membership
  + Organisational structure
* Measuring Success

**How will the Development Groups be formed?**

The Development Groups will involve people with lived experience, professionals (mental health and other relevant professions) and carers to guarantee co-production values are met. You will be asked to identify the sessions you are most interested in and we will do our best to ensure that everyone is allocated at least one of their priority groups.

**How will the sessions work?**

The Development Groups will explore questions around specific themes and develop a recommended approach for each theme. These recommendations will then be given to our Network Oversight Group to decide the Networks next actions to implement.

**What do I need to know?**

You are invited to a pre-brief session on **Tuesday 27 March** between 5.30-7.00pm. Please come along to hear about how the network has been developed so far, to learn more about the principles of recovery and co-production and to understand what we mean when we talk about ‘experts by experience’. The session will also outline some of the key services in the Island already available to the community.

We will also send you a briefing paper which contains the information we from the pre-brief session.

Together, the pre-brief session and briefing paper will explain why we have chosen the themes and topics which we need your opinions about in the Development Groups.

**What will be expected of me?**

The time expectation varies depending on each Development Group, most sessions can last up to 3 hours. The dates and times are in pages 3 - 6 of this document.

As a member of a Development group, we will ask you to:-

* Prepare for Development Group meetings by reading any research or doing any other preparation requested (this will be minimal).
* Review and discuss research which will be presented to you in the meetings.
* Participate in each group session by sharing your views on the research presented.
* Respect everyone in the group and listen to their views.
* Be open to considering different people’s views and working through the these.
* Work towards a group recommendation regarding how we should move forward, helping the group to understand your opinions and reasons and also suggesting alternative approaches where you have other thoughts about how we could progress.

**How to apply**

Please read the descriptions of each Development Group (on pages 3 - 6 of this document), and select up to three groups that interest you.

Complete the application form and return it no later than **Thursday 1st March 2018** to:

Mental Health Network

Jersey Recovery College

Lincoln Chambers

31 Broad Street

St Helier

JE2 3RR

or email [hello@recovery.je](mailto:hello@recovery.je)

Groups will be selected and you will be informed of your group the week commencing Monday 19th March.

Thank you so much for your interest in supporting the development of the Network. Your views, thoughts, opinions and participation are much needed and greatly appreciated as we work together to develop a Network that will work for Jersey.

***The Mental Health Network Project Team***

**Development Groups**

**Network Foundations**

**Development Group summary**

|  |  |
| --- | --- |
| Theme | **Values and culture** |
| Time commitment | One session, 2 hours |
| Time & date | Tuesday 17 April 2018, 5.30-7.30pm – venue to be advised |
| Summary | This group will explore:   * What our values will be * What our culture will be and how we want people to feel * The meaning of recovery and social inclusion |

**Creating a Recovery Focussed Network**

**Development Group Summaries**

|  |  |
| --- | --- |
| Theme | **Connecting people with Mental Health services and agencies** |
| Time commitment | One session, 3 hours |
| Time & date | Thursday 19 April, 2pm-5pm – venue to be advised |
| Summary | This group will explore the themes:   * What will be our role in relation to services? * What impact do we want to make on services? * How do we create that impact? |

|  |  |
| --- | --- |
| Theme | **Connecting the network with community services/organisations** |
| Time commitment | One session, 3 hours |
| Time & date | Monday 23 April 2018, 5.30-8.30pm – venue to be advised |
| Summary | This group will explore the themes:   * Which services are most important to recovery/social inclusion and what will be the network’s relationship to those services? * What new opportunities might there be for us to promote recovery and social inclusion? * What role might ‘experts by experience’ play, either in relation to existing services or any new services we may deliver? |

|  |  |
| --- | --- |
| Theme | **Connecting people and the community** |
| Time commitment | One session, 3 hours |
| Date & time | Thursday 26 April, 2-5pm – venue to be advised |
| Summary | This group will explore the themes:-   * How can the network support or enable recovery and social inclusion? * What impact do we want to have on our Island community? * What projects or activities might we undertake or facilitate within our first year? |

**Implementing a Recovery-focussed Network**

**Development Group summaries**

|  |  |
| --- | --- |
| Theme | **Recruiting and supporting experts by experience** |
| Time commitment | One session, 3 hours |
| Time & date | Tuesday 1 May 2018, 5.30-8.30pm |
| Summary | This group will explore the questions:-   * What training and remuneration should experts by experience receive? * How can we best support experts by experience in their roles? * What are the considerations in employing experts by experience? |

|  |  |
| --- | --- |
| Theme | **Membership** |
| Time commitment | One session, 3 hours |
| Time & date | Thursday 3 May, 2-5pm– venue to be advised |
| Summary | This group will explore the themes:-   * What considerations might apply to membership? * What benefits will a member receive? * How can we engage our members? * Should any subscription fee be payable and if so by who? |

|  |  |
| --- | --- |
| Theme | **Organisational structure** |
| Time commitment | One session, 3 hours |
| Time & date | Monday 14 May, 5.30-8.30pm – venue to be advised |
| Summary | This group will explore the themes:-   * Should the network be an independent organisation? * Who might the network partner with? * What is the best organisational model (i.e. company/charity/social enterprise, etc.) * How will the network be funded/how will the network be staffed? |

**Measuring Success**

**Development Group summary**

|  |  |
| --- | --- |
| Theme | **Measuring Success** |
| Time commitment | One session, 3 hours |
| Time & date | Wednesday 16 May, 2-5pm – venue to be advised |
| Summary | This group will explore the themes:-   * What impact do we hope to have? * What are the issues we can measure? * What will success look like for the network? * How can success be monitored? |

**Jersey Mental Health Network**

**Application form for Development Groups**

**Contact Details**

|  |  |
| --- | --- |
| **First Name** |  |
|  |  |
| **Surname** |  |
|  |  |
| **Address** |  |
|  |  |
|  |  |
| **Post Code** |  |
|  |  |
| **Telephone Number** |  |
|  |  |
| **Mobile Number** |  |
|  |  |
| **Email address** |  |

**Co-Production Details**

In order to help us achieve a co-production ethos we want to have fair representation within each group we run. Please help us by selecting **one or more** of the following:

***Please tick***

* **I have experienced a mental health difficulty**
* **I have cared for someone with a mental health difficulty**
* **I work for mental health services\***
* **I work in another care profession that supports people who have mental health difficulties\***
* **None of the above**

|  |  |
| --- | --- |
| \*Please share your job title |  |

**Pre-brief Session**

Please indicate whether you will be attending the Pre-Brief session on **Tuesday 27 March** at **5.30pm** (the session is expected to last around an hour and a half):

* **I will be attending**
* **I will not be attending**

**Development Groups**

Please refer to pages 5 – 8 of this document for a description of each Development Group and select **up to three** groups which interest you in the boxes on the list below. Please rank your preferences 1-3; 1 being the group that most interests you and 3 the least.

|  |  |
| --- | --- |
|  | * **Values & Culture** |
|  | * **Connecting people with mental health services and agencies** |
|  | * **Connecting the network with community services/organisations** |
|  | * **Connecting people and the community** |
|  | * **Recruiting and supporting experts by experience** |
|  | * **Membership of the network** |
|  | * **Organisational structure of the network** |
|  | * **Measuring success** |

The Development Group workshops will run between April-May 2018 on the dates and times highlighted in each of the schedules for the workshops. The venue for each workshop will be advised.

**Do you have any skills that you feel are particularly relevant to the groups you are applying to join?**

|  |
| --- |
|  |

**Name and telephone number of a person to contact in case of an emergency**

|  |  |
| --- | --- |
| **Name** |  |
| **Relationship to you** |  |
| **Telephone Number** |  |

**I CERTIFY THAT TO THE BEST OF MY KNOWLEDGE THE INFORMATION GIVEN ABOVE IS CORRECT.**

**SIGNATURE DATE**

**All information given is held in accordance with the Data Protection (Jersey) Law 2005.**

Please complete this form and return to Mental Health Network, Jersey Recovery College, Lincoln Chambers, 31 Broad Street, St Helier, JE2 3RR or via email to [hello@recovery.je](mailto:rebecca.vibert@recovery.je)

**PLEASE KEEP US INFORMED OF ANY CHANGES THAT WILL AFFECT THIS FORM**